

Navigation Commands	
Arrows	Move one cell up, down, right, left
Ctrl + Arrows	Move to the edge of the current data region
Page Up / Down	Move one screen up / down
Ctrl + Page Up / Down	Move one worksheet left / right
Alt + Page Up / Down	Move one screen left / right
Home	Move to beginning of current row
Ctrl + Home	Move to cell A1 *
Ctrl + End	Move to bottom right cell
Shift + Enter	Move in opposite direction as Enter

Selection Commands	
Shift + Arrows	Extend selection of cells
Shift + Ctrl + Arrows	Extend selection of cells to last nonblank cell
Shift + Home	Extend selection of cells to beginning of row
Shift + Spacebar	Select row
Ctrl + Spacebar	Select column
Ctrl + A	Select entire worksheet **

Copy & Paste Commands	
Ctrl + C	Copy
Enter	Paste once (clears out clipboard)
Ctrl + V	Paste multiple times
Ctrl + X	Cut
Ctrl + R	Copy right
Ctrl + D	Copy down
Alt + H V S	Paste special

Key Function Commands	
F1	Help menu
F2	Edit cell
F4	Absolute reference toggle
F5	Go to
F9	Calculate all workbooks
F12	Save as
Shift + F2	Insert / edit comment
Alt + F4	Closes current application

Other Must Know Commands	
Ctrl + 1	Open Format Cells dialog box
Ctrl + B	Bold
Ctrl + F	Find (Shift + F5 also works)
Ctrl + I	Italics
Ctrl + N	New workbook
Ctrl + O	Open dialog box to open or find a file
Ctrl + P	Print
Ctrl + S	Save
Ctrl + U	Underline
Ctrl + W	Closes current workbook
Ctrl + Y	Repeats last command
Ctrl + Z	Undoes last command
Ctrl + Tab	Switch between open files
Alt + Tab	Switch between open applications
Alt + H I R	Insert row
Alt + H I C	Insert column
Alt + Enter	Start a new line in the same cell
Alt + =	Sum function
Ctrl + ~	Display formulas / values
Ctrl + Shift + U	Expand / collapse formula bar
Ctrl + Shift + &	Outline border
Ctrl + Shift + _	Remove border
Alt + W Q	Zoom
Alt + H O I	Autofit column width
Alt + W F F	Freeze panes

Precedents and Dependents	
Alt + M P	Trace precedent cells
Alt + M D	Trace dependent cells
Alt + M A A	Remove precedent / dependent arrows
	When precedent / dependent cells are on same sheet as formula
Ctrl + [Highlights precedent cells
Ctrl +]	Highlights dependent cells
Enter or Tab	Move between dependent / precedent cells
F5 + Enter	Return to original cell

* Upper left cell in non-frozen section if panes are frozen

** If you are in an isolated cell, press Ctrl + A once to select the entire worksheet. Otherwise, press Ctrl + A twice